



P N I M H T

Perinatal and Infant
Mental Health Team

NHS
Highland
na Gàidhealtachd

Crying and your baby webinar

Having a baby is an exciting time but the first few weeks can feel overwhelming, especially when your baby cries.

It is common for babies to cry for long periods in the first 6-8 weeks and this can be challenging for parents. This webinar helps parents to learn about their baby's development and attachment, why babies cry and how to best manage this.

Join Lorna Curran, Parent Infant Therapist, NHS Highland (Argyll and Bute) and Donna Cowan, Specialist Midwife, Perinatal and Infant Mental Health, NHS Highland (North) for a short presentation and the opportunity to answer any related questions you may have.

This Webinar will be held online via the **NHS Near Me** platform on the following dates:

- Thursday 16th May
- Thursday 13th June
- Thursday 11th July
- Thursday 8th August
- Thursday 12th September
- Thursday 10th October

All of these webinars will be held between 11am and 12pm and will be hosted at:

nhsattend.vc/perinatal-and-infant-mental-health-team-north

If you have any questions or queries about the event and would like further information, please contact Yvonne Sutherland, Public Health Secretary via email:

yvonne.sutherland5@nhs.scot

To register for the event, please scan the QR code or type the following URL into a web browser:

www.bit.ly/4aFLE02

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